## The Collapsing Primary Care Foundation: Why It Matters and What To Do About It

14th Princeton Conference

Kevin Grumbach, MD

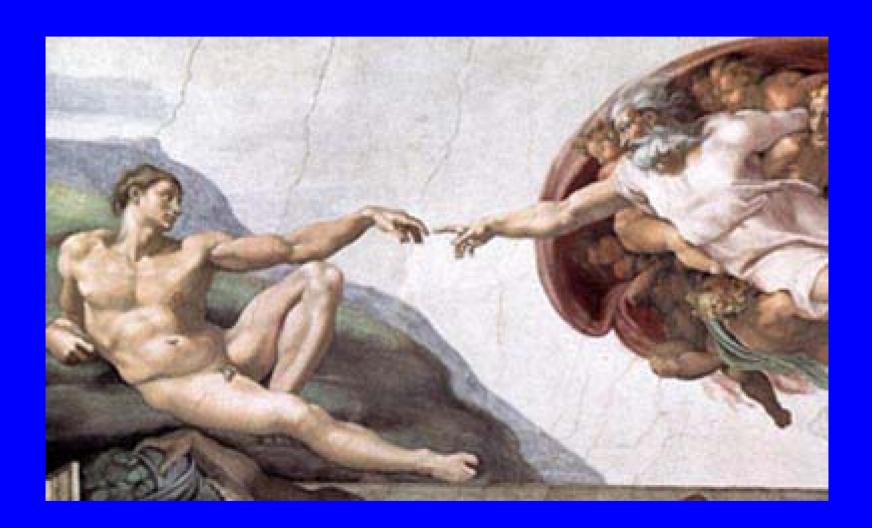
Center for California Health Workforce Studies

Department of Family & Community Medicine

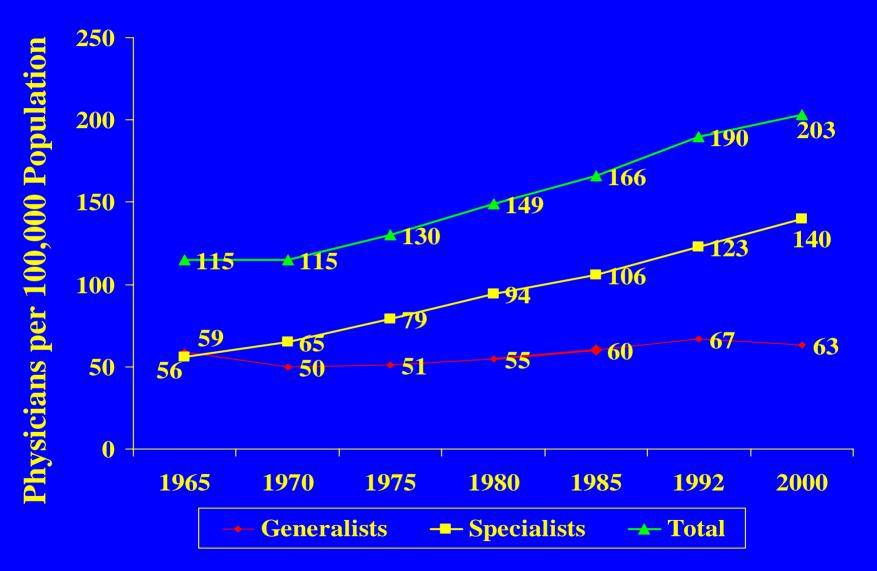
University of California, San Francisco





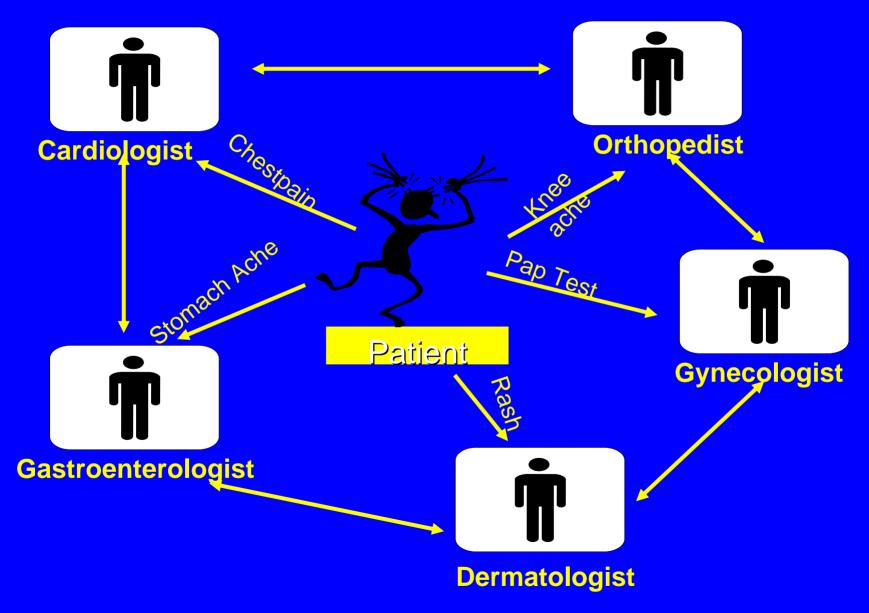


### Supply of Practicing Physicians in the US



Source: COGME, 1996; includes active, patient care physicians not in training

### **Fragmented US System**



# Patients Want and Benefit From a Primary Care Medical Home

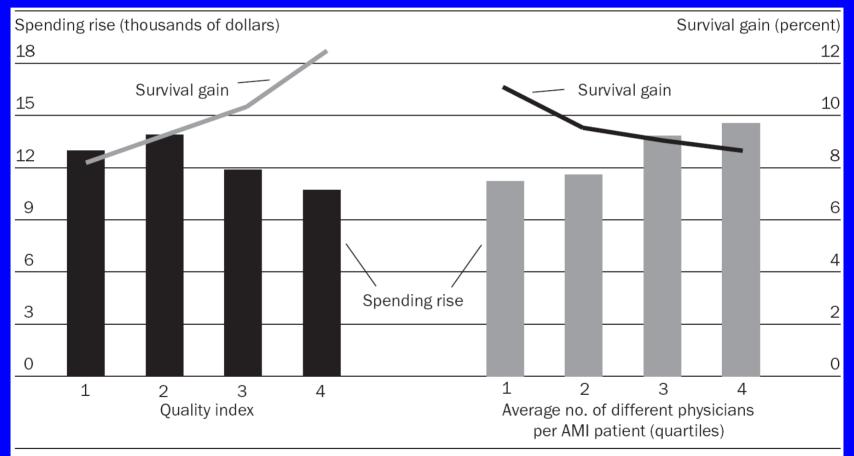


## Patient Attitudes Towards Primary Care Physicians

	% Agree	<u>% Disagree</u>	% Don't Know or Uncertain
Value having one PCP	94	2	4
Helpful for PCP to participate in decision to see specialist	89	3	8

Source: Grumbach. JAMA, 1999;282:261

### Association of Regional Quality of Care for Acute Myocardial Infarction (AMI) and Average Number of Physicians per AMI Patient (Quartiles) with Changes in Survival and Spending, 1968-2002



**SOURCE:** Authors' calculations using Medicare claims data.

**NOTE:** Bars denote spending rise (in thousands of dollars), and lines show percentage increase in number of AMI patients surviving to one year.

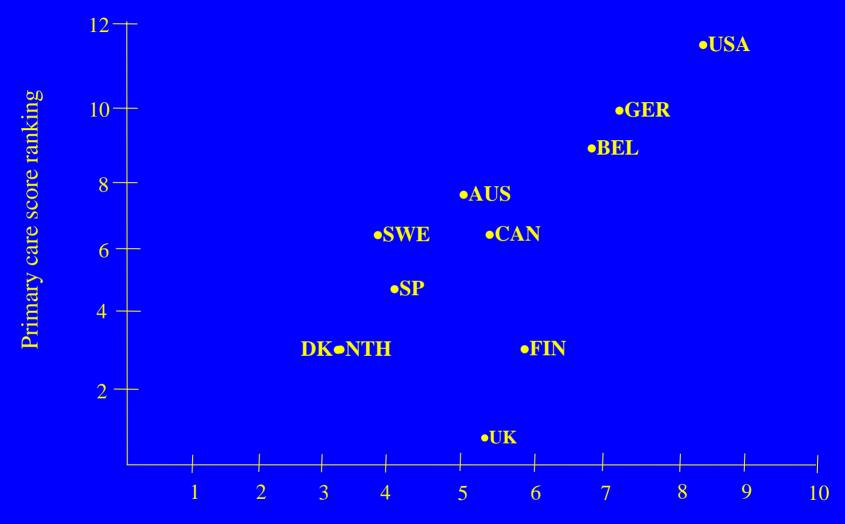
Considerable research evidence indicates that the supply of primary care physicians per capita is associated with:

- Better population health outcomes
- Better quality of care
- Lower costs

This research indicates that the supply of specialists is associated with:

Higher costs

#### Primary-Care Score vs "Outcome" Indicators\*

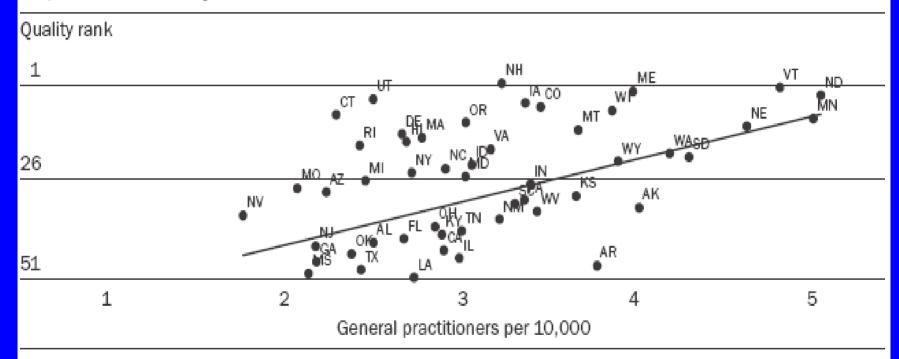


\*Lower scores are better

Health System Outcome Indicator Score

Source: Starfield. Lancet 1994;344:1129

#### Relationship Between Provider Workforce And Quality: General Practitioners Per 10,000 And Quality Rank In 2000

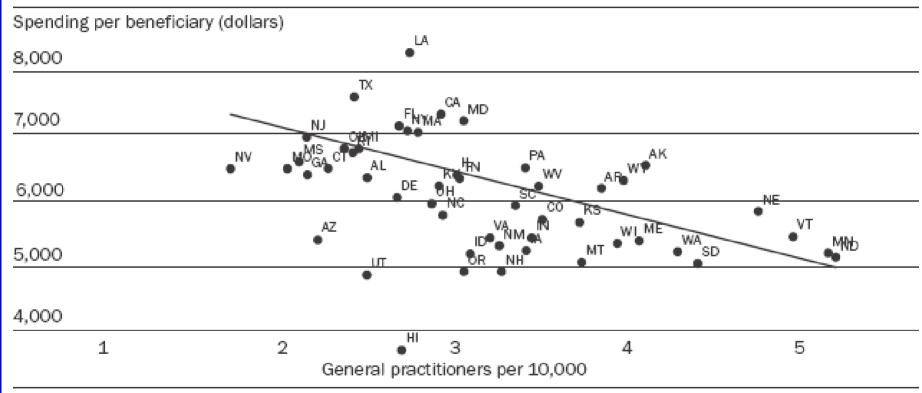


SOURCES: Medicare claims data; and Area Resource File, 2003.

NOTES: For quality ranking, smaller values equal higher quality. Total physicians held constant.

Source: Baicker & Chandra, Health Affairs, April 7, 2004

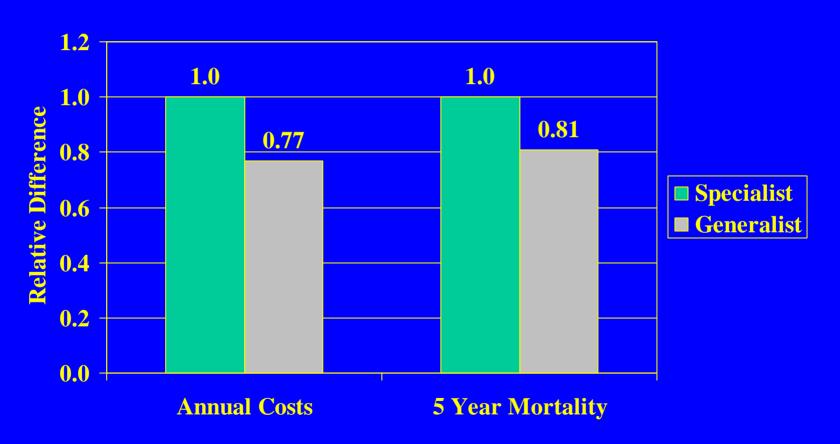
### Relationship Between Provider Workforce And Medicare Spending: General Practitioners Per 10,000 And Spending Per Beneficiary In 2000



SOURCES: Medicare claims data; and Area Resource File, 2003.

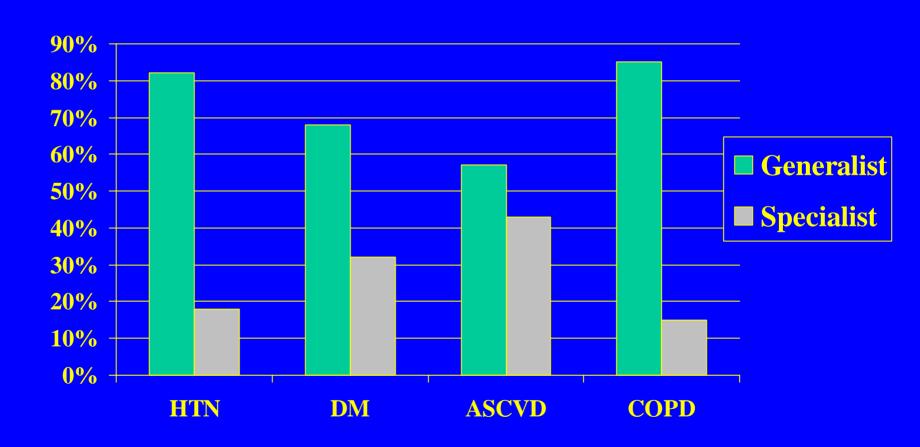
NOTE: Total physicians held constant.

## Outcomes of Patients with Specialists or Generalists as a Regular Physician



Source: Franks & Fiscella, J Fam Pract 1998;47:105. Data from 1987 NMES, adjusted for health status, insurance, and other covariates

## Percentage of Office Visits According to Physician Specialty, By Primary Dx

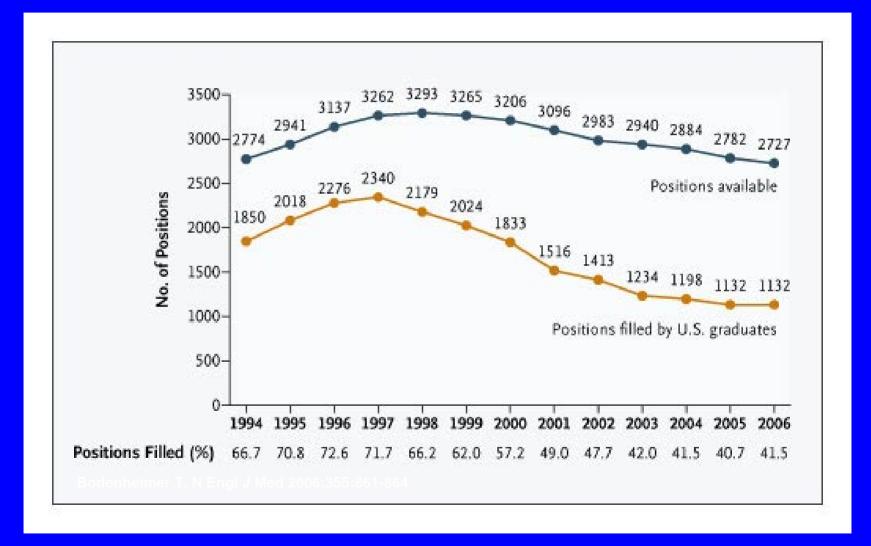


Source: L Green, Analysis of 1996 Natl Amb Med Care Survey

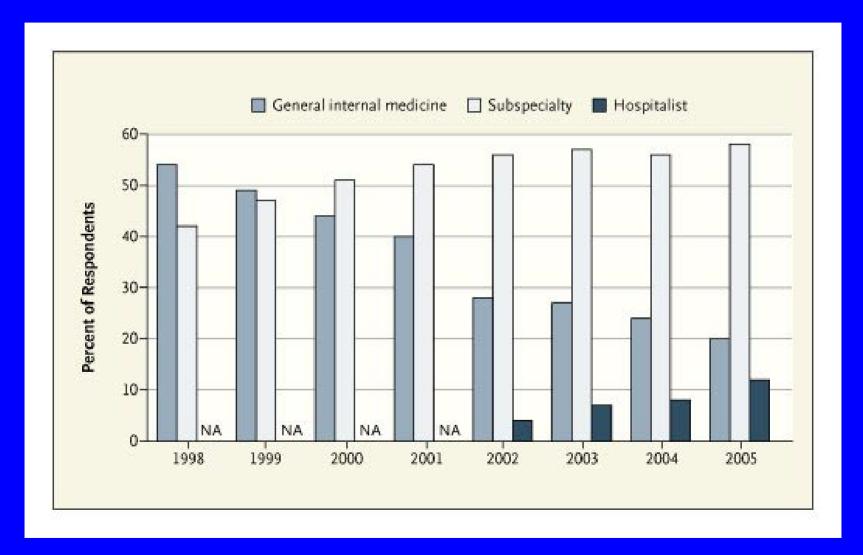
# The foundation of primary care is collapsing in the US



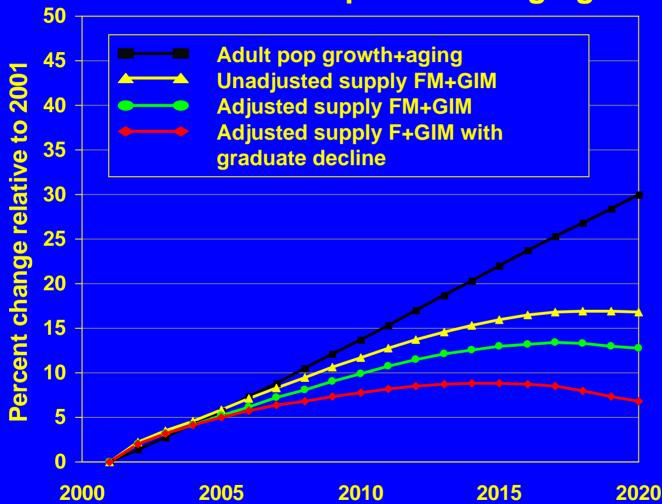
### Family Medicine Residency Positions and Number Filled by U.S. Medical School Graduates



### Proportions of Third-Year Internal Medical Residents Choosing Careers as Generalists, Subspecialists, and Hospitalists



### Adult Care: Projected Generalist Supply vs Pop Growth+Aging



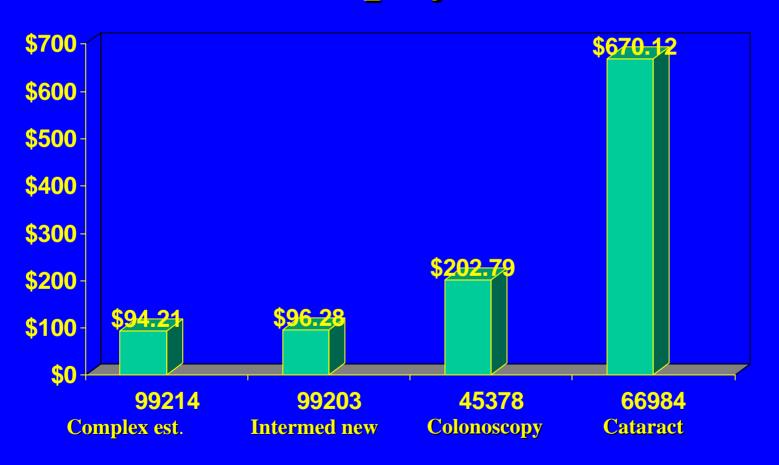
SOURCE: J Colwill, unpublished data, 2007

NOTES: "aging of pop" based on visits per age group; "Adjusted supply" - adjusted for age and gender. Graduate decline"- extends the 2001-2004 rate of decline of graduates through 2007.

#### Median compensation, 1995-2004, MGMA data In thousands of dollars

	<u>1995</u>	<u>2004</u>	10-yr increase
All primary care	<b>133</b>	<b>162</b>	21%
Family medicine	129	<b>156</b>	21%
Internal medicine	139	<b>169</b>	21%
All specialists	<b>216</b>	<b>297</b>	38%
Invasive cardiology	337	<b>428</b>	27%
Noninvasive cardiology	239	<b>352</b>	47%
Dermatology	177	309	75%
Gastroenterology	210	369	76%
Heme/Oncology	189	<b>350</b>	86%
Orthopedics	302	<b>397</b>	31%
Radiology	248	407	64%
Surgery, general	217	283	30%

# 2007 Medicare payment for 30 minutes physician time

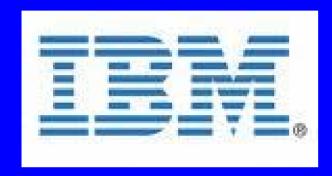


**Assumes GPCI approximately 1.0** 

#### What Needs To Be Done

- Reform of physician payment policies to invest in the primary care home and reduce the physician income gap
  - Medical home care coordination payments that support EHR, expanded team personnel, etc
  - Patient registration with medical home and accountability-based payment
  - Alternatives to fee-for-service

### IBM TO BACK NEW ORGANIZATION'S GOAL TO REVOLUTIONIZE HEALTHCARE IN UNITED STATES



Pledges support, resources in support of the Patient-Centered Primary Care Collaborative and its Patient-Centered Medical Home Model

ARMONK, NY, May 10, 2007 – IBM pledged today that it will dedicate its influence, technologies, services and knowledge base to help a new, emerging consortium of employers, physicians and consumer groups win its fight to revolutionize America's ailing healthcare system. The consortium, called the Patient-Centered Primary Care Collaborative (PCPCC), is a coalition originally proposed by IBM in early 2006 dedicated to advancing a new primary-care model called the Patient-Centered Medical Home.

#### What Needs To Be Done

- Establish a rational, medical education financing policy
  - Change \$8B+ in Medicare GME from a hospital subsidy program to a physician workforce program
  - All-payor GME models aligned with regional workforce planning assessments